August thru October 2023 Trainings

. Date & Time Upcoming Events and Training Time Location Cost

Tuesday, August 22, 2023 SIDS 6:30-8:30 Carteret PFC Free

This training is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome”, identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.

Date & Time Upcoming Events and Training Time Location Cost

Tuesday September 12, 2023 Helping Children Cope with Crisis & Caregivers Recovery 6:30-8:30 Carteret PFC Free

Children cope differently to crisis than adults as they lack the life experience and skills to make meaning of the event without support from caregivers and the community. But what is important in promoting a child healthy recovery is getting back to their peers and trusted adults. During this training you will learn how trauma effects children, children’ s common reactions to crisis and best practices to facilitate their short term and long-term emotional recovery. Will touch on the caregiver recovery

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Tuesday September 19, 2023, Positive Parenting Program 6:30-8:00 pm Carteret PFC Free

The Triple P – Positive Parenting Program is a parenting and family support system designed to prevent and treat behavioral and emotional problems in children. Triple P gives parents and caregivers simple and practical strategies to help them confidently manage their children’s behavior, prevent problems developing and build strong, healthy relationships. The Seminar Positive Parenting introduces the program, its strategies to providers as another resource to confidently manage children behavior. This is the first in a series of three.

Date & Time Upcoming Events and Training Time Location

Tuesday October 10, 2023 SIDS 6:30 – 8:30 Carteret PFC Free

This Training is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome”, identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.

Tuesday October 17, 2023 Preventing Power Struggles with Preschoolers 6:30 – 8:30 Carteret PFC Free

We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They’re told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child’s life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice-making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers. Chantale Sherman, Behavior Specialist