

## Childcare Resource & Referral

UPCOMING TRAININGS

### **Germ Busters**

Germ Busters takes a close look at the Personal Care Routines subscale of the Environmental Rating Scales. The greatest concentration of information covers toileting, diapering, and handwashing.

JAN  
9

### **ITS-SIDS**

The Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care (ITS-SIDS) training prepares childcare providers to reduce the risk of Sudden Infant Death Syndrome (SIDS) and other sleep-related infant deaths.

JAN  
30

### **Preventing Power Struggles in Preschool**

This training provides strategies for helping young children develop self-control. Introducing choice into a child's life can be a powerful tool for promoting improved behavior in the classroom.

FEB  
4

### **Preventing Power Struggles in Preschool**

The training provides strategies for helping young children develop self-control and improve behavior in the classroom. This training will focus on the interaction and discipline related items found in ECERS 3.

FEB  
14

**Carteret Preschool Center, Newport 8:30AM**

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UPCOMING TRAININGS

## Stay Healthy, Stay Clean: Handwashing and Diapering

*LaKeasha Glaspie, Regional Child Care Health Consultant, NC CCHC*

**Handwashing module:** Participants learn about infectious disease and how it spreads. They are taught the consequences of inadequate handwashing, how to wash hands and assist children with handwashing, and when adults and children must wash hands in childcare. Participants will learn common sources of violations and issues to avoid.

**Diapering module:** Participants learn when and how to check diapers, what kind of equipment is required for proper diapering, the correct steps of diapering and how proper diapering prevents the spread of germs. Participants learn common sources of violations and issues to avoid.

FEB  
20

## ITS-SIDS

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MAR  
6

## Behavior Intervention Strategies

*Chantale Sherman, Regional Healthy Social Behavior Specialist CCRR Region 3*

In this training, participants will:

1. Understand the difference between Time In and Time Out.
2. Understand the importance of developing a plan; be ready to deal with difficult behaviors before they are needed.
3. Understand the “function” of a child’s behavior.
4. Understand how to respond to a child who exhibits challenging behavior.
5. How to use peer partnering to support the development of social-emotional skills.

MAR  
18

Times: 6:30pm-8:30pm

Location: CPC Office

2-Contact Hours

Free Registration

252-727-0440

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